

Focus for the Seasons

I. Spring (Psa. 47:1-9)

- Sex
- Communication
- Deal with Problems Daily
- Debt
- Date Night

Additional Resources:

Gary Chapman: *Five Love Languages*

Willard Harley: *His Needs, Her Needs*

II. Summer (Psa. 20:1-9)

- Honest Evaluation
 - Where you've been
 - Where you're going
- Affirmation and Encouragement
- Re-Fueling
- Temptation
- Forgiveness
- Brokenness
- The Three "T's":
 - Transparent
 - Trust
 - Team

Additional Resources:

John Gray: *Men Are From Mars, Women Are From Venus*

Gary Rossberg: *Divorce-Proof Your Marriage*

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III. Fall (Psa. 84:1-12)

- Empty Nest
- Scaling Down
- Ministry
- Goals
- Hobbies
- Retirement
- Focus on Assets

Additional Resources:

Dave & Claudia Arp: *Marriage Moments*

Don Anderson: *Keep the Fire!*

IV. Winter (Psa. 92:1-15)

- Grandchildren
- Wills
- Legacy
- Death
- Diet
- Determination
- Disciplines

Additional Resources:

Don Anderson: *Drawing Closer, Growing Stronger*

Don Anderson: *A Practical Study of 2 Timothy: 12 Steps to a Fantastic Finish*

(available in Audio tape or CD)

The Seasons of Marriage

Spring (0-10 years)

1. Unplanned Pregnancy
2. Dealing with Differences
3. Disappointment over unmet expectations
4. Debt
5. Adjust to children
6. Infertility
7. Facing Reality of Responsibility for the Relationship
8. Servanthood
9. Brokenness
10. Learning to walk with God
11. Learning to live with in-laws

Summer (11-30 years)

1. Mid-life Crisis
2. Burnout
3. Temptation
4. Perseverance
5. Disappointment
6. Dissatisfied
7. Anger
8. Bitterness
9. Children
10. Spiritual Disciplines
11. Distractions

Fall (31-45 years)

1. Aging Parents
2. Time is running out
3. Unresolved issues
4. Empty nest
5. Weddings
6. Extended family
7. Grandchildren
8. Dealing with irresponsible children
9. Growing toward Christlikeness
10. Contentment

Winter (46-Finish)

1. Health
2. Financial
3. Grandchildren
4. Legacy
5. Network of friends
6. Loss of independence
7. Loss of mate
8. Spiritual
9. Servanthood
10. Catastrophic illness