David is marching off the field of battle for the last time; he’s coming down the home stretch.

He’s in his mid sixties today.

He fought his final battle last week; and was so exhausted that he nearly got himself killed but as he leaves the field of battle, it’s not a sad time.

In fact, he leaves singing a song.

There are a number of Psalms that indicate that David did sing at many critical times in his life.

_Psalm 42:8_

“The Lord will command His lovingkindness in the day time, and his song will be with me in the night, a prayer to the God of my life.”
Psalm 77:6

“I will remember my song in the night. I will meditate with my heart, and my spirit ponders.”

Psalm 90:14

“O satisfy us in the morning with Your lovingkindness that we may sing for joy and be glad all our days.”

Psalm 98:1

“O sing to the Lord a new song, for he has done wonderful things. His right hand and His holy arm have gained the victory for Him.”

Psalm 104:33,34

“I will sing to the Lord as long as I live. I will sing praise to my God while I have my being. Let my meditation be pleasing to him. As for me, I shall be glad in the Lord.”

Psalm 113:3

“From the rising of the sun to its setting, the name of the Lord is to be praised.”

Psalm 146:1,2
“Praise the Lord, praise the Lord, O my soul. I will praise the Lord while I live. I will sing praises to my God while I have my being.”

Chuck Swindoll, when he outlines this particular song, says, “David sums up his life in four themes:

1. When TIMES ARE TOUGH, the Lord is our only SECURITY.

2. When DAYS ARE DARK, the Lord is our only LIGHT.

3. When our WALK IS WEAK, the Lord is our only STRENGTH.

4. When our FUTURE IS FOGGY, the Lord is our only HOPE.

For David it is “My Last Song.”

In our study of this particular song, I would like for us to consider five verses to the hymn:

1. WHO IS HE – verses 1-4

2. WHAT HE HAS DONE – verses 5-20
3. HOW HE SEES ME – verses 21-28

4. WHAT HE IS TO ME – verses 29-46

5. WHY I WORSHIP HIM – verses 47-51

Are you ready?

1. WHO HE IS – verses 1-4

v. 1 David sang to the Lord the words of this song when
the Lord delivered him from the hand of all his
enemies and from the hand of Saul.

How wonderful for David to have a song
in his old age.

How marvelous and meaningful to hear David sing
a song, in the midst of all of these
traumatic circumstances.

It’s just really nice to have David singing again.

You can gage your spiritual condition
by the last time you sang to Him.

And David is in fellowship again today.

Time to write a new song, the war is over
and I’m leaving the field of battle and I am going
to sing a song to my deliverer who has
delivered me, from all of my enemies and even from the hands of Saul during all those traumatic years.

When you stop and think about it, David has been delivered from a lot of enemies. He has been delivered from:

- Goliath
- Saul
- The Philistines
- The Ammonites
- The Syrians or northern tribes
- The Edomites
- The Moabites
- The Amalekites
- Abner and Ishbosheth
- Nabat
- Absalom
- Sheba
- Adonijah
- Shimei
- and a host of others.

Now you might be thinking, I really don’t have very much to sing about.

That’s the neat thing about “spirit filled” singing. Circumstances have nothing to do with it.
In Acts Chapter 16 it’s really neat to see Paul and Silas sitting in prison at midnight with gaping wounds on their backs from being whipped in the stocks, singing songs to the Lord at midnight.

**Acts 16:25**

“About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them.”

**Psalm 32:7**

“You are my hiding place. You will protect me from trouble, and surround me with songs of deliverance.”

**Ephesians 5:19**

“Speak to one another with psalms, hymns, and spiritual songs. Sing and make music in your heart to the Lord.”

David is singing this song to the Lord. He is expressing his feelings of praise.

As David begins to sing, he describes in the opening stanza of his hymn who God is.

v. 2 He said: “The Lord is my rock, my fortress and my deliverer;

Here in verses 2 and 3 he uses the little word
David describes eight characteristics of God, this is who He is to David, all bunched together in three verses.

1. First he says, **THE LORD IS MY ROCK.**

There is a great emphases on the Lord being his rock. What does that communicate to you?

When you think of a rock, you think of two things: You think of a SHELTER, the cleft of the rock while the storms are blowing, you’re in a place of peace and refuge but you also think of the word STABILITY.

My feet are on the rock, the solid rock and not on the shifting sand.

2. Secondly, our text goes on to say **HE IS MY FORTRESS.**

What does that mean? You have a place where you can run. You have a place where you can be protected.

Jeremiah 16:19

“O Lord, my strength and my fortress, my refuge in time of distress, to you the nations will come.”
3. AND MY DELIVERER, David says.

The Lord is not only my rock and my fortress, but also my deliverer.

Throughout the life and biography of David, we have read this little phrase that is in verse 1:

“When the Lord delivered him from the hand of all his enemies, and from the hand of Saul.”

v. 3 my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior -- from violent men you save me.

David continues in verse 3 with his song by saying:

The Lord is not only my rock, my fortress, and my deliverer,

4. “HE IS MY GOD”
5. “HE IS MY ROCK,” in whom I take refuge.”
6. “HE IS MY SHIELD.” It is the shield that catches all the fiery darts of the evil one.
7. “THE HORN OF MY SALVATION.”
8. “HE IS MY STRONGHOLD,”
9. “MY REFUGE”
10. “AND MY SAVIOR.”

So in these two verses we see 8 descriptive words to tell us who He is to David:
1. A ROCK  
2. A FORTRESS  
3. A DELIVERER  
4. A SHIELD  
5. A HORN OF SALVATION  
6. A STRONGHOLD  
7. A REFUGE  
8. A SAVIOR  

The verse concludes:  
“From violent men you save me.”

We need only to look at the list of men who came against David to recognize that the Lord has saved him from many men.

v. 4 I call to the Lord, who is worthy of praise, and I am saved from my enemies.

In Hebrew that is the imperfect tense. The imperfect tense in the Hebrew communicates the idea of continuous action.

If I were to translate that, I am continually calling upon you and you are continually saving me.

This is not something in the past that one time I called on you; and you saved me.
This is something that happened in the past, it’s happening in the present and it will happen in the future because you are the unchangeable God.

I’m continually calling upon you and I’ve never been disappointed. I’m continually saved.

This 4th verse concludes the first stanza of our song, being sung to the Lord.

What is stanza one? WHO HE IS.

Chuck Swindoll, in trying to capsulize these first verses in a principle, calls this:

“When times are tough, the Lord is our only security.”

II. WHAT HE HAS DONE – verses 5-20

It is a natural transition to move from who He is to what He has done. David is a poet. David is a psalmist.

He is going to use words that communicate experience, and are cloaked in natural element.

So don’t get lost just let the normal, natural meaning of what is being said just come through.
v. 5 “The waves of death swirled about me; the torrents of destruction overwhelmed me.

What is the picture?
It’s the picture of a guy out in the middle of the sea without a life jacket on.
He’s ready to go down for the last time.

v. 6 The cords of the grave coiled around me; the snares of death confronted me.

Do you think he has ever been there?
In fifty years in the military he has been there many times.

He could actually feel like he is going down for the last time.

In verse 5 he uses the flood of waters to illustrate his distress, and in verse 6 it is the snare of the hunter that is described.
His distress in these two verses has been graphically described by the phrases:

“waves of death”
“torrents of destruction”
“cords of the grave”
“snares of death”

All of these describe, in preparation, to see
what God has done.

v. 7 In my distress I called to the Lord; I called out to my God. From his temple he heard my voice; my cry came to his ears.

David says, in the midst of all of this, right on the edge of physical demise, God heard my cry.

v. 8 “The earth trembled and quaked, the foundations of the heavens shook; they trembled because he was angry.

How graphically David describes the instantaneous response of a loving and powerful heavenly Father.

God is ready to act, and the earth trembled and quaked, the foundations of the heavens shook. The reason that this happened is seen in the latter part of verse 8. “They trembled because he was angry.”

One of His children was in trouble.

v. 9 Smoke rose from his nostrils; consuming fire came from his mouth, burning coals blazed out of it.

Nahum 1:6
“Who can withstand his indignation; who can endure his fierce anger? His wrath is poured out like fire. The rocks are shattered before him.”

v. 10 He parted the heavens and came down; dark clouds were under his feet.

In answer to David’s call and cry, he parted the heavens and came down.

Dark clouds were under his feet.

What could David be thinking about? He has in his mind, the end of the famine because they have just had some refreshing rain.

Here is the picture of a thunderstorm, the rains begin to fall.

v. 11 He mounted the cherubim and flew; he soared on the wings of the wind.

We have similar pictures of this in Isaiah 6, Rev. 4, and also in the book of Ezekiel when the presence of God is pictured, these cherubim are present.

v. 12 He made darkness his canopy around him -- the dark rain clouds of the sky.

David is picturing the coming of a rainstorm
to end the years of famine and to bring refreshment once again to the earth.

v. 13 Out of the brightness of his presence bolts of lightning blazed forth.

v. 14 The Lord thundered from heaven; the voice of the Most High resounded.

1 Samuel 7:10
v. 17  "He reached down from on high and took hold of me; he drew me out of deep waters.

There are actually three things that He does in this verse:

1. He reached down from on high
2. He took hold of me
3. He drew me out of deep waters.

God the great lifesaver in the sky reached down and made a human rescue. He went himself and took hold of me, and he drew me out of deep waters.

v. 18 He rescued me from my powerful enemy, from my foes, who were too strong for me.

David in his picture refers first to his powerful enemy Saul, and then from many other foes who were too strong for him.

v. 19 They confronted me in the day of my disaster, but the Lord was my support.

There is loneliness in walking with God. It just isn’t all that popular and a lot of times you are all by yourself and David has been there too.

As he stood on the ashes of Ziklag, and his men
were so bitter and ready to stone him to death, he only found his strength in the Lord his God. The Apostle Paul had a similar situation arise near the end of his life.

2 Timothy 4:16-18

“At my first defense, no one came to my support, but everyone deserted me. May it not be held against them. But the Lord stood at my side and gave me strength, so that through me the message might be fully proclaimed, and all the Gentiles might hear it. And I was delivered from the lion’s mouth. The Lord will rescue me from every evil attack, and will bring me safely to his heavenly kingdom. To Him be the glory forever and ever, Amen.”

v. 20 He brought me out into a spacious place; he rescued me because he delighted in me.

He not only REACHED DOWN, TOOK HOLD, DREW HIM and RESCUED HIM, but he also BROUGHT HIM OUT into a spacious place.

The reason for his rescue is because “he delighted in him.” Yes, David was a man after God’s own heart.
In the first stanza of David’s last song, we have seen the description of WHO HE IS in verses 1-4,

(Rock, refuge, shield, fortress, horn of my salvation!)

And in the second stanza, we have seen WHAT HE HAS DONE in verses 5-20.

(David Cried, He heard, He rescued...!)

Now we move to stanza #3:

III. HOW HE SEES ME – verses 21-28

v. 21 “The Lord has dealt with me according to my righteousness; according to the cleanness of my hands he has rewarded me.

Isaiah 1:18

“Come now, let us reason together,’ says the Lord. ‘Though your sins are like scarlet, they shall be as white as snow. Though they are red as crimson, they shall be like wool.”

What David is saying here at this point is the Lord has dealt with me according to my righteousness but my righteousness is His righteousness.
Abraham believed God and it was accounted to Him for righteousness.

Some people think they are going to get into heaven on their righteousness, I have some news for them.

Isaiah 64:6 says all of our righteousness are like filthy rags, they aren’t going to make it and neither am I.

The only way we are going to make it to heaven is to be clothed in God’s righteousness.

That is the only righteousness God will accept.

David is talking about God’s righteousness that is now his righteousness because of his relationship.

Psalm 119:9,11

“How can a young man keep his way pure? By living according to your word. I have hidden your word in my heart that I might not sin against you.”

v. 22 For I have kept the ways of the Lord; I have not done evil by turning for my God.

Even when David got involved in the affair
with Basheba and in the murder of Uriah the Hittite, he never turned away from God.

Now we have the reason why the Lord has dealt with him according to his righteousness.

Psalm 51:1-4

"Have mercy on me, O God, according to your unfailing love, according to your great compassion blot out my transgressions. Wash away all my iniquity, and cleanse me from my sin, for I know my transgressions, and my sin is always before me. Against you, you only, have I sinned, and done what is evil in your sight; so that you are proved right when you speak, and justified when you judge."

v. 23 All his laws are before me; I have not turned away from his decrees.

Psalm 1:1,2
“Blessed is the man who does not walk in the
counsel of the wicked, or stand in the way of
sinners, or sit in the seat of mockers. But his
delight is in the law of the Lord and on his law he
meditates day and night.”

v. 24 I have kept blameless before him and have kept
myself from sin.

The only problem is we see a few times
that he did foul up and we think that he did that
all of his life.

We forget that he is well over sixty here
and there been some times that David
really fouled up but there has also been
the good times, when he has been kept from sin.

1 John 1:9 says,

“If we confess our sins, He is faithful and just to
forgive us our sins, and to cleanse us from all
unrighteousness.”

The people who are cynical and who are judgmental
and legalistic and critical, that’s hard for them
to buy that, but that’s God.

v. 25 The Lord has rewarded me according to my
righteousness, according to my cleanness in his
sight.
This takes us back to verse 20:

v. 20 He brought me out into a spacious place; he rescued me because he delighted in me.

v. 26 “To the faithful you show yourself faithful, to the blameless you show yourself blameless.

v. 27 to the pure you show yourself pure, but to the crooked you show yourself shrewd.

v. 28 You save the humble, but your eyes are on the haughty to bring them low.

1. In the first stanza of David’s last hymn, he deals with the subject WHO HE IS – vv. 1-4
2. In the second stanza we have looked at WHAT HE HAS DONE – vv. 5-20
3. And now in this third stanza: HOW HE SEES ME – vv. 21-28

IV. WHAT HE IS TO ME – verses 29-46

Chuck Swindoll in commenting on this section, says, “When days are dark, God is our only light.”

v. 29 You are my lamp, O Lord; the Lord turns my darkness into light.

1 John 1:5,6
“This is the message we have heard from him and declare to you: God is light. In him there is no darkness at all. If we claim to have fellowship with him, yet walk in the darkness, we lie and do not live by the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son purifies us from every sin.”

David could well say to the Lord, “You light up my life.”
He is light for my path, and strength for my task.

Psalm 119:105

“You word is a lamp to my feet and a light for my path.”

Psalm 119:130

“The entrance of your words gives light. It gives understanding to the simple.”

Psalm 27:1

“The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?”
v. 30 With your help I can advance against a troop; with my God I can scale a wall.

Philippians 4:13

“I’m ready for anything through the strength of the One who indwells me.”

Isaiah 40:31

“They that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles. They shall run and not be weary. And they shall walk and not faint.”

2 Chron. 32:8

“With him is only the arm of flesh, but with us is the Lord our God to help us and to fight our battles.”

v. 31 “As for God, his way is perfect; the word of the Lord is flawless, He is a shield for all who take refuge in him.

As David looks back over his long and stressful life, he can make a summary statement that carries a powerful impact: “As for God, His way is perfect.”

Proverbs 3:5,6
“Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways acknowledge him, and he will direct your path.”

v. 32 For who is God besides the Lord? And who is the Rock except our God?

v. 33 It is God who arms me with strength and makes my way perfect.

Chuck Swindoll, in commenting on this, says, “When our walk is weak, God is our only strength.”

v. 34 He makes my feet like the feet of a deer; he enables me to stand on the heights.

That is a little difficult to comprehend what David is saying here.

God is my lamp, but He is my strength and He is my strength so I can go in strange and difficult places and experience victory.

Habakkuk 3:19

“The sovereign Lord is my strength. He makes my feet like the feet of a deer. He enables me to go on the heights.”
v. 35 He trains my hands for battle; my arms can bend a bow of bronze.

v. 36 You give me your shield of victory; you stoop down to make me great.

Once again David is returning to the field of battle. His hands have been trained. His arms are strong and can bend a bow of bronze, and the Lord again gives him the shield of victory.

What a great thought, “You stoop down to make me great.”

v. 37 You broaden the path beneath me, so that my ankles do not turn.

v. 38 “I pursued my enemies and crushed them; I did not turn back till they were destroyed.

v. 39 I crushed them completely, and they could not rise; they fell beneath my feet.

v. 40 You armed me with strength for battle; you made my adversaries bow at my feet.

What is the Lord to David? He is a lamp that turns his darkness into light, and he is the one who arms me with strength for the battle.
v. 41 You made my enemies turn their backs in flight, and I destroyed my foes.

v. 42 They cried for help, but there was no one to save them -- to the Lord, but he did not answer.

v. 43 I beat them as fine as the dust of the earth; I pounded and trampled them like mud in the streets.

v. 44 “You have delivered me from the attacks of my people; you have preserved me as the head of nations. People I did not know are subject to me.

Here David is making reference to ABSALOM’S UPRISING, and the fact that the Lord once again had delivered him from this attack.

v. 45 and foreigners come cringing to me; as soon as they hear me, they obey me.

v. 46 They all lose heart; they come trembling from their strongholds.

In David’s last song we have considered together:

1. WHO HE IS – verses 1-4
2. WHAT HE HAS DONE – verses 5-20
3. HOW HE SEES ME – verses 21-28
4. WHAT HE IS TO ME – verses 29-46
This brings us now to our 5th and final verse:

V. WHY I WORSHIP HIM – verses 47-51

v. 47 “The Lord lives! Praise be to my Rock! Exalted be God, the Rock, my Savior!

What a beautiful outburst of praise at the conclusion of this song.

There are 3 things that David says here in this 47th verse:

1. THE LORD LIVES
2. PRAISE BE TO MY ROCK
3. EXALTED BE GOD, THE ROCK, MY SAVIOR

v. 48 He is the God who avenges me, who puts the nations under me,

v. 49 who sets me free from my enemies. You exalted me above my foes; from violent men you rescued me.

In these 2 verses David lists 5 actions of God that make him worthy of praise and adoration:

1. HE IS THE GOD WHO AVENGES ME.
2. HE IS THE GOD WHO PUTS THE NATIONS UNDER ME.
3. HE IS THE GOD WHO SETS ME FREE FROM MY ENEMIES.
4. HE IS THE GOD WHO HAS EXALTED ME ABOVE MY FOES.
5. HE IS THE GOD WHO HAS RESCUED ME FROM VIOLENT MEN.

v. 50 Therefore, I will praise you, O Lord, among the nation; I will sing praises to your name.

The ‘therefore’ in this verse points us back to the five activities that we have seen in verses 48, 49.

And because of that David says, ‘I will praise you, O Lord, among the nations; I will sing praises to your name.’

v. 51 He gives his king great victories; he shows unfailing kindness to his anointed, to David and his descendant forever.”

He gives great victories and shows unfailing kindness.

He is doing this to David and his descendants forever.

He is here in his praise reminding the Lord
of his unconditional eternal covenant that was recorded back in 2 Samuel 7:8-13.

2 Samuel 7:8-13

"Now therefore, thus you shall say to My servant David, 'Thus says the Lord of hosts, "I took you from the pasture, from following the sheep, that you should be ruler over My people Israel. 9 "And I have been with you wherever you have gone and have cut off all your enemies from before you; and I will make you a great name, like the names of the great men who are on the earth. 10 "I will also appoint a place for My people Israel and will plant them, that they may live in their own place and not be disturbed again, nor will the wicked afflict them any more as formerly, 11 even from the day that I commanded judges to be over My people Israel; and I will give you rest from all your enemies. The Lord also declares to you that the Lord will make a house for you. 12 "When your days are complete and you lie down with your fathers, I will raise up your descendant after you, who will come forth from you, and I will establish his kingdom. 13 "He shall build a house for My name, and I will establish the throne of his kingdom forever.

These last two verses show that as David looks back on God’s favor, he also looks forward with pleasure and assures himself of the kindness God has in store for all the saints, for himself and also for his seed.
This beautiful song of praise is not only great literature, but it shows the marvelous relationship one man had with Almighty God.

How we need this today!

What are some of the lessons that we can learn from this particular passage of scripture?

Lesson #1: Through it all, David has been able to recognize God’s hand in his life.

Lesson #2: David is still singing, though life is almost over.

Lesson #3: The devil is put to flight when his people praise.

Lesson #4: When his children cry to him, the Lord answers in real power.

Lesson #5: The Lord is our lamp, our strength, and our deliverer.

Lesson #6: He is light for my path, and strength for my task.

Lesson #7: The Lord lives and therefore can be actively involved in our lives.
Psalm 48:1

“Great is the Lord, and greatly to be praised, In the city of our God, His holy mountain. Beautiful in elevation, the joy of the whole earth, Is Mount Zion in the far north, The city of the great King.”

Psalm 103:1-5

“Bless the Lord, O my soul; And all that is within me, bless His holy name. Bless the Lord, O my Soul, And forget none of His benefits; Who pardons all your iniquities; Who heals all your diseases; Who redeems your life from the pit; Who crowns you with lovingkindness and compassion; Who satisfies your years with good things, So that your youth is renewed like the eagle.”

Psalm 106:1

“Praise the Lord! Oh give thanks to the Lord, for He is good; For His loving kindness is everlasting.”
Psalm 111:1,2

“Praise the Lord!
I will give thanks to the Lord with all my heart,
In the company of the upright and in the assembly.
Great are the works of the Lord;
They are studied by all who delight in them.”

2 Chronicles 20:22

“As they began to sing and praise, the Lord set
ambushes against the men of Ammon, Moab, and
Mount Seir, who were invading Judah; and they
were defeated.”
Lessons Learned In The Life of David

PART III

STUDY NUMBER TWENTY-TWO - 2 Samuel 22:1-51

22:1 David sang to the Lord the words of this song when the Lord delivered him from the hand of all his enemies and from the hand of Saul.

v. 2 He said: "The Lord is my rock, my fortress and my deliverer;
v. 3 my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior--from violent men you save me.
v. 4 I call to the Lord, who is worthy of praise, and I am saved from my enemies.
v. 5 The waves of death swirled about me; the torrents of destruction overwhelmed me.
v. 6 The cords of the grave coiled around me; the snares of death confronted me.
v. 7 In my distress I called to the Lord; I called out to my God. From his temple he heard my voice; my cry came to his ears.
v. 8 The earth trembled and quaked, the foundations of the heavens shook; they trembled because he was angry.
v. 9 Smoke rose from his nostrils; consuming fire came from his mouth, burning coals blazed out of it.
v. 10 He parted the heavens and came down; dark clouds were under his feet.
v. 11 He mounted the cherubim and flew; he soared on the wings of the wind.
v. 12 He made darkness his canopy around him--the dark rain clouds of the sky.
v. 13 Out of the brightness of his presence bolts of lightning blazed forth.
v. 14 The Lord thundered from heaven; the voice of the Most High resounded.
v. 15 He shot arrows and scattered [the enemies], bolts of lightning and routed them.
v. 16 The valleys of the sea were exposed and the foundations of the earth laid bare at the rebuke of the Lord, at the blast of breath from his nostrils.
v. 17 He reached down from on high and took hold of me; he drew me out of deep waters.
v. 18 He rescued me from my powerful enemy, from my foes, who were too strong for me.
v. 19 They confronted me in the day of my disaster, but the Lord was my support.
v. 20 He brought me out into a spacious place; he rescued me because he delighted in me.
v. 21 The Lord has dealt with me according to my righteousness; according to the cleanness of my hands he has rewarded me.
v. 22 For I have kept the ways of the Lord; I have not done evil by turning from my God.

v. 23 All his laws are before me; I have not turned away from his decrees.
v.24 I have been blameless before him and have kept myself from sin.
v.25 The Lord has rewarded me according to my righteousness, according to my cleanness in his sight.
v.26 To the faithful you show yourself faithful, to the blameless you show yourself blameless,
v.27 to the pure you show yourself pure, but to the crooked you show yourself shrewd.
v.28 You save the humble, but your eyes are on the haughty to bring them low.
v.29 You are my lamp, O Lord; the Lord turns my darkness into light.
v.30 With your help I can advance against a troop; with my God I can scale a wall.
v.31 As for God, his way is perfect; the word of the Lord is flawless. He is a shield for all who take refuge in him.
v.32 For who is God besides the Lord? And who is the Rock except our God?
v.33 It is God who arms me with strength and makes my way perfect.
v.34 He makes my feet like the feet of a deer; he enables me to stand on the heights.
v.35 He trains my hands for battle; my arms can bend a bow of bronze.
v.36 You give me your shield of victory; you stoop down to make me great.
v.37 You broaden the path beneath me, so that my ankles do not turn.
v.38 I pursued my enemies and crushed them; I did not turn back till they were destroyed.
v.39 I crushed them completely, and they could not rise; they fell beneath my feet.
v.40 You armed me with strength for battle; you made my adversaries bow at my feet.
v.41 You made my enemies turn their backs in flight, and I destroyed my foes.
v.42 They cried for help, but there was no one to save them--to the Lord, but he did not answer.
v.43 I beat them as fine as the dust of the earth; I pounded and trampled them like mud in the streets.
v.44 You have delivered me from the attacks of my people; you have preserved me as the head of nations. People I did not know are subject to me,
v.45 and foreigners come cringing to me; as soon as they hear me, they obey me.
v.46 They all lose heart; they come trembling from their strongholds.
v.47 The Lord lives! Praise be to my Rock! Exalted be God, the Rock, my Savior!
v.48 He is the God who avenges me, who puts the nations under me,
v.49 who sets me free from my enemies. You exalted me above my foes; from violent men you rescued me.
v.50 Therefore I will praise you, O Lord, among the nations; I will sing praises to your name.
v.51 He gives his king great victories; he shows unfailing kindness to his anointed, to David and his descendants forever."

QUESTIONS:
1. Read 2 Samuel 22:1-51 several times and in your own words outline what is happening in the life of David.

2. What is the occasion for David's song, according to verse 1?

3. In what ways does David refer to the Lord in verses 2 & 3?

4. What did the Lord do for David according to verses 17 & 18?

5. How does David refer to the Lord in verse 29?

6. What two things does God do for David, according to verse 33?

7. What two things has the Lord done for David, according to verse 44?

8. What has the Lord done for David, according to verse 51?

9. Which verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:
LESSON #1: Through it all, David has been able to recognize God's hand in his life.

LESSON #2: David is still singing, though life is almost over.

LESSON #3: The devil is put to flight when his people praise.

LESSON #4: When his children cry to Him, the Lord answers in real power.

LESSON #5: The Lord is our Lamp, our Strength, and our Deliverer.

LESSON #6: He is Light for my path, and Strength for my task.

LESSON #7: The Lord lives and therefore can be actively involved in our lives.