

LESSONS FROM THE PASSAGE:

LESSON #1: The “cloud of witnesses” are bearing testimony to the fact that the race can be won in victory.

LESSON #2: We must lighten the load and separate ourselves from those things which will trip us up in order to win the race.

LESSON #3: We are to “be running with perseverance the race lying before us.”

LESSON #4: Our focus should be on the Lord Jesus as we are running our race.

LESSON #5: We are strengthened and encouraged in our own race when we consider all that He, our Savior, went through for us.

LESSON #6: Suffering in our lives can be explained sometimes as a part of the disciplining process.

LESSON #7: We are to take discipline seriously and hang in there when we are being corrected by Him.

LESSON #8: The Lord spends His time disciplining those He is loving. He is loving all of us who are His children.

LESSON #9: God is “disciplining us for our good, that we may share His holiness.”

LESSON #10: Discipline is not a “joyful” experience but a “sorrowful” one that “is yielding the peaceful fruit of righteousness.”

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