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v. 15 He will call upon me, and I will answer him; I will be with him in trouble,  
I will deliver him and honor him.

v. 16 With long life will I satisfy him and show him my salvation.”

**QUESTIONS:**

1. Read Psalm 91 and in your own words pull out the main thought of this passage.

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2. What does the psalmist say about the Lord in verse 2?

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3. What will the Lord do for us, according to verse 4?

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4. What will “you not fear,” according to verses 5 & 6?

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5. If we make the “Most High” our “dwelling,” what is the promise, according to verse 10?

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6. What command does the Lord give His angels for us, according to verse 11?

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7. Because we love Him, what will the Lord do for us, according to verse 14?

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8. What are the things the Lord will do for us in verses 15 & 16?

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9. What verse in the psalm has meant the most to you?

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10. What lesson have you learned from this psalm?

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### **LESSONS FROM THE PASSAGE:**

What are some of the lessons we can learn from this particular study?

LESSON #1: "He who dwells in the shelter of the Most High will rest in the shadow of the Almighty" (verse 1).

LESSON #2: Can you say with David, "I trust in the Lord who is my refuge, my fortress, my God!?" (verse 2).

LESSON #3: Satan is busily engaged in mining the path before us with snares and traps to keep us from making progress in the path of obedience.

LESSON #4: "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness" (Lamentations 3:22, 23).

LESSON #5: On the field of battle it is good for us to remember that the battle is the Lords.

LESSON #6: "Whatever happens, abide steadfast in a determination to cling simply to God" (St. Francis DeSales).

LESSON #7: "I am immortal until the will of God for me is accomplished" (David Livingstone).

LESSON #8: "The center of God's will is our only safety" (Betsie Ten Boom).

LESSON #9: There are three key statements in the Lord's plan of protection: (1) "it will not come near you" (verse 7); (2) "no harm will befall you" (verse 10); and (3) "no disaster will come near your tent" (verse 10).

LESSON #10: The Lord uses angels to guard us in all of our ways.

LESSON #11: Victory over Satan is our legacy as we depend upon the Lord because "greater is He who is in you than he who is in the world" (1 John 4:4).

LESSON #12: The ultimate victory over Satan is Romans 16:20: “And the God of peace will soon crush Satan under your feet. . . .”

LESSON #13: The Lord’s contract of protection involves eight things: (1) “I will rescue him”; (2) “I will protect him”; (3) “I will answer him”; (4) “I will be with him in trouble”; (5) “I will deliver him”; (6) “[I will] honor him”; (7) “[I will] satisfy him”; and (8) “[I will] show him my salvation.”

LESSON #14: “God never goes back on the man who stakes his all on Him” (William Barclay).

### **ADDITIONAL NOTES:**

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### **STUDY NUMBER TWENTY – PSALM 113:1-9**

### **NOTES**

v. 1 Praise the Lord. Praise, O servants of the Lord, praise the name of the Lord.

v. 2 Let the name of the Lord be praised, both now and forevermore.

v. 3 From the rising of the sun to the place where it sets, the name of the Lord is to be praised.

v. 4 The Lord is exalted over all the nations, his glory above the heavens.

v. 5 Who is like the Lord our God, the One who sits enthroned on high,

v. 6 who stoops down to look on the heavens and the earth?

v. 7 He raises the poor from the dust and lifts the needy from the ash heap;

v. 8 he seats them with princes, with the princes of their people.

v. 9 He settles the barren woman in her home as a happy mother of children. Praise the Lord.

### **QUESTIONS:**

1. Read Psalm 113 and in your own words pull out the main thought of this passage.

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2. What are we commanded to do in verse 1?

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3. Draw up a list of the names of the Lord that you can use to praise Him.

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4. What do you think verse 3 means when it says: "From the rising of the sun to the place where it sets, the name of the Lord is to be praised"?

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5. What does the psalmist mean when he says: "The Lord is exalted over all the nations, his glory above the heavens"?

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6. Read Philippians 2:6-8 and describe what the Lord has done as a result of "stooping down to look on the heavens and the earth."

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7. What other things does the Lord do when he "stoops down to look on the heavens and the earth," according to verses 7 & 8?

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8. What does the Lord do for the "barren woman," according to verse 9?

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9. What verse in the psalm has meant the most to you?

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10. What lesson have you learned from this psalm?

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**LESSONS FROM THE PASSAGE:**

What are some of the lessons we can learn from this particular study?

LESSON #1: “Through Him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that give thanks to His name” (Hebrews 13:15).

LESSON #2: We are commanded in this Psalm to “praise the name of the Lord” (verse 1).

LESSON #3: “The name of the Lord” has to do with all that He is and all that He has done for us

LESSON #4: The praise of the Lord will always be a part of our lives, both now and throughout eternity.

LESSON #5: “From the rising of the sun to the place where it sets, the name of the Lord is to be praised” (verse 3).

LESSON #6: “His brilliant splendor fills the heavens, and the earth is filled with his praise! What a wonderful God he is!” (Habakkuk 3:3b NLT).

LESSON #7: “The Lord is exalted over all the nations, his glory above the heavens” (verse 4).

LESSON #8: He “sits enthroned on high,” He “stoops down to look on the heavens and the earth,” “He raises the poor from the dust,” He “lifts the needy from the ash heap,” “he seats them with princes,” “He settles the barren woman in her home as a happy mother of children” (verses 5-9).

LESSON #9: “Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains by itself alone; but if it dies, it bears much fruit” (John 12:24).

LESSON #10: Is your life bearing fruit for the glory of God?

**ADDITIONAL NOTES:**


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**STUDY NUMBER TWENTY-ONE – PSALM 138:1-8****NOTES**

v. 1 I will praise you, O Lord, with all my heart; before the “gods” I will sing your praise.

v. 2 I will bow down toward your holy temple and will praise your name for your love and your faithfulness, for you have exalted above all things your name and your word.

v. 3 When I called, you answered me; you made me bold and stouthearted.

v. 4 May all the kings of the earth praise you, O Lord, when they hear the words of your mouth.

v. 5 May they sing of the ways of the Lord, for the glory of the Lord is great.

v. 6 Though the Lord is on high, he looks upon the lowly, but the proud he knows from afar.

v. 7 Though I walk in the midst of trouble, you preserve my life; you stretch out your hand against the anger of my foes, with your right hand you save me.

v. 8 The Lord will fulfill [his purpose] for me; your love, O Lord, endures forever—do not abandon the works of your hands.

**QUESTIONS:**

1. Read Psalm 138 and in your own words pull out the main thought of this passage.

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2. What does the psalmist say he will do, according to verse 1?

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3. What two things stimulate the psalmist’s praise, according to verse 2?

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4. How did the Lord respond when the psalmist prayed, according to verse 3?

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5. What is the psalmist’s wish for the “kings of the earth,” according to verse 4?

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6. How does the psalmist characterize “the glory of the Lord,” according to verse 5?

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7. Who does the Lord “look upon,” according to verse 6?

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8. Read Philippians 1:6 and compare it with Psalms 138:8 and answer the question: What is the psalmist confident of in this verse?

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9. What verse in the psalm has meant the most to you?

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10. What lesson have you learned from this psalm?

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### **LESSONS FROM THE PASSAGE:**

What are some of the lessons we can learn from this particular study?

LESSON #1: David is praising the Lord “with all of his heart” (verse 1).

LESSON #2: David is “singing His praise” (verse 1).

LESSON #3: David is “praising the Lord’s name” because of His “love” and His “faithfulness” (verse 2).

LESSON #4: David has experienced an incredible answer to prayer.

LESSON #5: The answer to prayer has made him “bold and stouthearted” (verse 3).

LESSON #6: His wish is that the impact of what the Lord has done for him will affect the “kings of the earth” so that they, too, enter into a chorus of praise to the Lord (verse 4).

LESSON #7: Although the “glory of the Lord is great,” “he looks [with concern] upon the lowly” (verses 5 & 6).

LESSON #8: The Lord does not have a relationship with the “proud” (verse 6).

LESSON #9: Lord, it is wonderful to know that in the “midst of trouble,” You are there with us (verse 7).

LESSON #10: What a joy is ours to know that You will “fulfill Your purpose” for us (verse 8).

LESSON #11: You will “not abandon the works of your hands” (verse 8).

### **ADDITIONAL NOTES:**

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### **STUDY NUMBER TWENTY-TWO – PSALM 139:1-24**

### **NOTES**

v. 1 O Lord, you have searched me and you know me.  
v. 2 You know when I sit and when I rise; you perceive my thoughts from afar.  
v. 3 You discern my going out and my lying down; you are familiar with all my ways.  
v. 4 Before a word is on my tongue you know it completely, O Lord.  
v. 5 You hem me in—behind and before; you have laid your hand upon me.  
v. 6 Such knowledge is too wonderful for me, too lofty for me to attain.  
v. 7 Where can I go from your Spirit? Where can I flee from your presence?  
v. 8 If I go up to the heavens, you are there; if I make my bed in the depths, you are there.  
v. 9 If I rise on the wings of the dawn, if I settle on the far side of the sea,  
v. 10 even there your hand will guide me, your right hand will hold me fast.  
v. 11 If I say, “Surely the darkness will hide me and the light become night around me,”  
v. 12 even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.  
v. 13 For you created my inmost being; you knit me together in my mother's womb.  
v. 14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.  
v. 15 My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth,  
v. 16 your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.  
v. 17 How precious to me are your thoughts, O God! How vast is the sum of them!  
v. 18 Were I to count them, they would outnumber the grains of sand. When I awake, I am still with you.  
v. 19 If only you would slay the wicked, O God! Away from me, you bloodthirsty men!

**NOTES**

v. 20 They speak of you with evil intent; your adversaries misuse your name.  
 v. 21 Do I not hate those who hate you, O Lord, and abhor those who rise up against you?  
 v. 22 I have nothing but hatred for them; I count them my enemies.  
 v. 23 Search me, O God, and know my heart; test me and know my anxious thoughts.  
 v. 24 See if there is any offensive way in me, and lead me in the way everlasting.

**QUESTIONS:**

1. Read Psalm 139 and in your own words pull out the main thought of this passage.

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2. Make a list of the things the Lord knows about us, according to verses 2-4.

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3. What two things has the Lord done for the psalmist, according to verse 5.

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4. After reading verses 7-9, answer the question: Where can the psalmist go to get away from the Lord?

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5. Why does the psalmist praise the Lord, according to verse 14?

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6. What does the psalmist say about the "length of our lives," according to verse 16?

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7. What does the psalmist say about "the Lord's thoughts" in verses 17 & 18?

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8. What does the psalmist ask the Lord to do for him in verses 23 & 24?

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9. What verse in the psalm has meant the most to you?

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10. What lesson have you learned from this psalm?

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### **LESSONS FROM THE PASSAGE:**

What are some of the lessons we can learn from this particular study?

LESSON #1: The Lord knows everything about us and He still loves us unconditionally.

LESSON #2: We are under the Lord's constant surveillance.

LESSON #3: The Lord is fully aware of what our words will be even before they are spoken.

LESSON #4: Can we say with the Psalmist, "Such knowledge is too wonderful for me, too lofty for me to attain"? (verse 6).

LESSON #5: What a comfort to know that the Lord is with us all the time.

LESSON #6: No matter where I go, He is there.

LESSON #7: "I praise You [Lord] because I am fearfully and wonderfully made; your works are wonderful, I know that full well" (verse 14).

LESSON #8: Lord, thank You that there are no limitations upon Your power.

LESSON #9: "How precious to me are your thoughts, O God! How vast is the sum of them!" (verse 17).

LESSON #10: Lord, the prayer of my heart is that of David: "Search me, O God, and know my heart; test me and know my anxious thoughts" (verse 23).

LESSON #11: Lord, the longing of my heart is to know from You if there is anything in my life which is "offensive" to You (verse 24).

LESSON #12: Lord, "lead me in the way everlasting" (verse 24).











10. What lesson have you learned from this psalm?

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**LESSONS FROM THE PASSAGE:**

What are some of the lessons we can learn from this particular study?

LESSON #1: It ought to be our supreme desire and deepest ambition to continually “Praise the Lord” (verse 1).

LESSON #2: “I will praise the Lord all my life” (verse 2).

LESSON #3: “I will sing praise to my God as long as I live” (verse 2).

LESSON #4: Lord, my trust is in You and You alone!

LESSON #5: Lord, help me never to hear, “Thou fool, this night thy soul shall be required of thee, then whose shall those things be?” (Luke 12:20 KJV)

LESSON #6: A person is “blessed . . . whose help is the God of Jacob, [and] whose hope is in the Lord his God” (verse 5).

LESSON #7: The Lord is “the Maker of heaven and earth, the sea, and everything in them” (verse 6).

LESSON #8: “The Lord . . . remains faithful forever” (verse 6).

LESSON #9: The Lord “upholds,” “gives,” “sets . . . free,” “lifts up,” “loves,” “watches over,” and He “sustains” (verses 7-9).

LESSON #10: “He frustrates the way of the wicked” (verse 9).

LESSON #11: The Lord has reigned, is reigning, and will continue to reign forever (verse 10).

**ADDITIONAL NOTES:**

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